# Do you need joint replacement surgery?

Nexus is offering eligible Medibank members zero out-of-pocket medical costs; contact Medibank to find out more. Hospital policy excesses still apply.





Joint replacement is among the most effective surgeries for improving quality of life, and over 30,000 hip replacement and 50,000 knee replacement procedures are performed in Australia each year.



Now, thanks to a new initiative by Vermont Private Hospital in partnership with orthopaedic surgeons, Nexus and Medibank have worked together to offer no out of pocket costs (besides hospital excesses if applicable) for some types of hip and knee replacement surgeries for eligible Medibank members.

Eligible Medibank members may also have access to additional support before and after their hospital admission, including options for in-home rehabilitation with expert physiotherapy and other allied health support, when clinically appropriate. Contact Medibank to find out more.

Vermont Private Hospital is committed to working with surgeons to deliver superior patient care and surgical outcomes. We also believe in creating a sustainable healthcare system, and are proud to be involved in developing a care model that gives patients certainty over both the level of care, and the costs involved in their surgery.

## A bright future, with better patient outcomes

We want to provide the best value for patients with private health insurance. Nexus and Medibank have worked together to ensure this new initiative makes it possible for eligible Medibank patients to have no out of pocket medical costs. Contact Medibank to find out more.

Medibank is the first private health insurer to support this new initiative at Vermont Private Hospital. Nexus with the support of Medibank, is working to expand the arrangement to cover joint replacement surgery in other Nexus hospitals across Australia.

Nexus also plans to extend the Zero Out Of Pocket arrangement to other surgical procedures such as hernia repair, to provide more certainty and peace of mind for privately insured patients.

### \$ How Zero Out Of Pocket works

#### Pay no out of pocket costs

Nexus and Medibank have worked together to eliminate medical out of pocket costs for hip and knee replacement surgeries for eligible Medibank members. The program is available to Medibank members with appropriate cover, in consultation with their treating practitioner.

#### Spend less time in hospital

Vermont Private Hospital's innovative model of care means you can avoid a long stay in hospital, and have the option to recover in the comfort of your home.

#### Get back on your feet faster

Nexus and Medibank are working together to support patients before and after surgery, including prehabilitation services prior to surgery (delivered by Nexus), and if clinically appropriate, offering Medibank at Home rehabilitation after surgery.



Studies have shown that with the right support in place, patients have better outcomes and a better experience when they recover in the comfort of their own home.

Your joint replacement surgery at Vermont Private Hospital may include:

- Specialist physiotherapy
- Rehabilitation assessments and education
- Preparation for surgery
- Smartphone technology to assist recovery
- Rehabilitative in-home allied health care

#### Partnering Orthopaedic Surgeons

Mr Daevyd Rodda and Mr Scott Tulloch of Victorian Orthopaedic Group, are specialist orthopaedic surgeons with expertise in lower limb joint replacement surgery.

With extensive training completed in Australia, Europe and North America, Mr Daevyd Rodda has a special interest in anterior approach, minimally invasive total hip replacement and rapid recovery total knee replacement. He performs several hundred of these procedures each year, and teaches these complex operations to other surgeons around Australia.

Mr Rodda is Director of Victorian Orthopaedic Group.

Mr Scott Tulloch is an Australian and internationally trained orthopaedic surgeon with a special interest in surgery of the knee and hip. He undertook a prestigious 12-month Canadian fellowship, specialising in knee surgery, and further advanced training in minimally invasive total hip replacement. Scott utilises the latest technology and surgical techniques to provide the safest, most accurate and individualised treatment to promote the best patient outcomes.



Mr Daevyd Rodda



Mr Scott Tulloch



Victorian Orthopaedic Group has locations in Kew and Malvern, Victoria



03 9853 7099

reception@vicorthogroup.com.au

www.victorianorthopaedicgroup.com.au



Located 20km east of Melbourne's CBD in Vermont South Medical Centre, Vermont Private Hospital is a part of the Nexus Hospital Group.

It is renowned for its outstanding patient care and specialist orthopaedic focus. The purpose-built facility is equipped with the latest surgical technology, including four fully integrated operating theatres. Dedicated nursing and support staff are trained in orthopaedic care, and will take care of your needs from admission to post-operative recovery.

"At Vermont Private Hospital, we are actively involved in supporting our local community and believe it deserves an exceptional hospital. Our warm, welcoming environment provides a more positive patient experience."

Fiona Langley Director of Nursing

#### Get in touch



Level 2, Vermont South Medical Centre 645-647 Burwood Highway Vermont South VIC 3133



03 8547 1111



03 8414 2877



reception@vermontprivate.com.au





A more sustainable private health care model, putting people before profit.

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Medibank members should contact 132 331 to check their eligibility and level of cover.

At Nexus Hospitals our network across Australia of day and short-stay hospitals provides the exceptional experience you want and deserve to have.