

Patient Instructions

Name: Admission Date:

Surgeon: Item Number:

Insight Clinic Admission Request Form – Please ensure this form is at Insight Clinic 7 days prior to your admission.

The Day prior to Your Surgery

Please call Insight for admission information **on 02 6058 0800 between 10am and 2pm** on the last working day, prior to your surgery. Insight will advise you of your fasting and admission times, and what to bring. If you do not call and Insight cannot contact you, your operation may be cancelled.

Please note: If your surgery is on **Monday please call Friday before 3.30pm**. Insight closes Friday at 4.30pm and re-opens Monday at 8.00am.

Medications

Please ensure you bring all your current medications in the original packaging with you to give to the admissions nurse on arrival. Only pharmacy issued “Webster packs” will be accepted, if you do not have original boxes for your medications. We will not be able to administer medications from any other pill container or box.

If you are taking regular medications we require an up to date print out of your Health Summary including you medications from your family doctor (GP). Please ensure you bring/send this to Insight with your admission form.

Health Insurance

Please call your health fund to check that you are covered for your proposed surgery.

Please note that if your fund does not cover you, you will be responsible for **ALL** costs incurred, this includes Hospital, Doctors, Anaesthetist and Assistants cost. This hospital will not be responsible for checking your fund and level of cover.

On arrival to the hospital please present to reception where your excess or co-payment will be payable.

On admission we will require a credit card swipe to cover any outstanding accounts not paid on discharge that are not covered by your Private Health Insurance.

Uninsured Patients

Uninsured patients, the Hospital will prepare an “Estimation of Costs” for you once the Doctors practice notifies us of the item numbers. The estimate will then be prepared and sent to you. This estimate must be paid for prior to surgery. Please note that it is an estimate and further charges may be added after the procedure.

Surgeon/Anaesthetist

Please contact your Surgeon and Anaesthetist as you may incur out of pocket expenses.

Extra Expenses

A telephone is available in your room and you will be responsible for any calls to STD numbers or mobile telephones. You may use your own mobile phone in the hospital. Newspapers can be ordered and paid for upon admission. Internet is also available.

Smoking

Insight Clinic Private Hospital and Gardens Medical Centre building is a **“NO SMOKING”** facility. This includes the building and all car parks and surrounds. The building is locked down from 7pm – 7am. Patients staying overnight will be unable to smoke or leave level 5 during these times.

Visiting Hours

Monday to Friday 10am to 12 Midday and 2pm to 7pm. We also request no latex balloons or potted plants.

On the day of your admission

- Arrive at Insight Clinic at your given admission time
- You must have someone to drive you home and stay with you for 24 hours post surgery or your surgery may be cancelled.
- Please remove all make up, nail polish and jewellery
- Please leave your valuables at home
- If you have any questions regarding your procedure please call your Surgeons rooms, if you have any questions about your Hospital stay please call us on 02 6058 0800 Monday to Friday 8am until 5.30pm.