

Medibank facilitates a sustainable healthcare system

The economic case of Medibank's short-stay, no-gap program

Summary report July 2022

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Executive Summary

Medibank's short-stay, no-gap model is an example of Medibank acting as an agent of change – providing customers with more affordable care options and reducing pressure on the hospital system, without compromising treatment outcomes.

Our analysis of Medibank's short-stay, no-gap pilot program found:

Patient satisfaction	There is no similiant difference in the match bility of begins on observe		
Patient outcomes			
Potential savings	 Length of stay Across Australia, the short-stay, no-gap pilot program reduced length of stay (LOS) following a hip and knee replacement with minor complexities by 50%. Bed days Expansion of the program across the hospital system (both public and private) geographically, and to include other procedures such as hernia and cholecystectomy, would save 23,000 bed days in 2023 and 72,000 bed days in 2030 under a conservative assumption of 10% adoption rate in eligible cases. By 2030, half of the number of bed-days saved are from hip and knee replacements, and the remaining savings are from the procedures on the expansion pathway. Out-of-pocket costs Under Medibank's short-stay, no-gap model participants incur no out-of-pocket expenses. An expansion of the program would reduce out-of-pocket costs by 		
	\$10 million in 2023, \$18 million in 2025 and \$34 million in 2030 in constant 2022 prices assuming a 10% adoption rate.		

Benefits are potentially higher with higher adoption rate:

If adoption increases over time above the conservative 10% rate, **217,000 hospital bed days** and **\$102 million in out-of-pocket costs** (in constant 2022 prices) could be saved in 2030. Expansion of the short-stay, no-gap program across Australia and to other procedures would **reduce the burden on the hospital system**, especially in coping with the large backlog of elective surgery patients after the COVID-19 pandemic. It would also **lift the financial burden off patients** by reducing out-of-pocket costs.

Medibank, as a funder and major stakeholder, is playing an active role in **driving behavioural change** and **incentivising adoption across the hospital system**, through:

- Giving back most financial savings to customers through the 'no gap' component of the program. Medibank provides members with more affordable care options without compromising the treatment outcomes.
- **Paying an uplift to specialists** to ensure no out-of-pocket costs across the entire episode of hospital care for customers, and to support interested hospitals and healthcare providers in expanding the short-stay, no-gap program.

Conclusion:

The short-stay, no-gap program provides patients with more affordable care options and reduces the length of stay in hospital. In an increasing adoption scenario, participants would be able to save up to \$102 million in out-of-pocket costs in 2030. Expansion of the program is expected to relieve pressure on the hospital system with more than 200,000 bed days to be saved in 2030. This corresponds to more than 700 hospital beds that could be freed up and reassigned to high-value patients.



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Background



Parts of our healthcare system remain insensitive to low-value care

Medibank is strongly positioned to help address problems of low-value care in the health sector.

Problems

Medibank's advantage

Our healthcare system is fragmented, where primary care is mostly Federally funded and secondary care is funded via the States.

Patients do not have the information to make informed decisions about their care.

Clinicians focus on patient outcomes, but do not prioritise costs.

A small number of hospitals and clinicians charge much more than their peers. This pushes up healthcare costs and can lead to high out-of-pocket costs, which has contributed to making customers leaving the private health insurance market.



Aligned incentives – Medibank directly benefits from keeping people healthy and out of hospital.

Insight – Medibank collects data on a large number of episodes performed on a wide cross-section of people across many hospitals. This means Medibank can help provide patients with more information about their care options.

A focus on value – Medibank collects both cost and outcomes data, and can therefore highlight treatments that are low-value care. As a purchaser and provider of healthcare services, Medibank can and does actively work with hospitals and clinicians to avoid such care.

Access to cost data across providers – As a large purchaser of healthcare services, Medibank can both identify and seek to reduce outlier costs, making the private healthcare more sustainable and reducing reliance on the public system that is under increased pressure. An example of Medibank's ability to address these problems is illustrated by the adoption and expansion of the short-stay, no-gap program to reduce the average length of stay (ALOS) in hospital



ALOS can be lowered by reducing LOS for overnight separations and increasing rate of same day separations

Although ALOS in Australia is low compared to other OECD countries, there is room for improvement with the right targets.

Reduce LOS for overnight separations

- Knee and hip replacement (KHR) procedures were two of the most common overnight acute separations in Australia in 2019-2020 with more than 100,000 total joint replacements performed each year.
- The average LOS following a KHR surgery in Australia was approximately six days, which
 was below the OECD average, however, this was twice longer than the LOS in Canada
 and New Zealand and 1.5 times longer than the LOS in the United Kingdom.²
- More than half of these are procedures with minor complexities, which may require shorter acute care.

Increase rate of same-day separations

- Some procedures such as hernia procedures could be same-day separations.
- Less than 25% of hernia procedures in Australia in 2020 were completed as same-day separations, which was lower than rates in New Zealand (46%) and the UK (59%), and the expected rate recommended by the Royal Australasian College of Surgeons (70-80%).³

Medibank targets knee and hip replacement in the short-stay, no-gap pilot program aiming to reduce time in hospital for joint replacement patients where clinically appropriate. The program is expanding geographically and will include other procedures with a target of reduced length of stay or same-day discharge, such as general surgery, ear, nose and throat (ENT) and cardiology procedures.

Medibank's short-stay, no-gap program is an example of Medibank taking a proactive role in reducing the LOS whilst maintaining high quality of care

ALOS: Average length of stay

ecc.org/index.asp/rgueryid=50060 jna.com.au/journal/2022/176/6/same-day-inquinal-hernia-repair-australia-2000-19#;~:text=We%20found%20that%2023.1%25%20of,age%20who%20underwent%20unilateral%20repair

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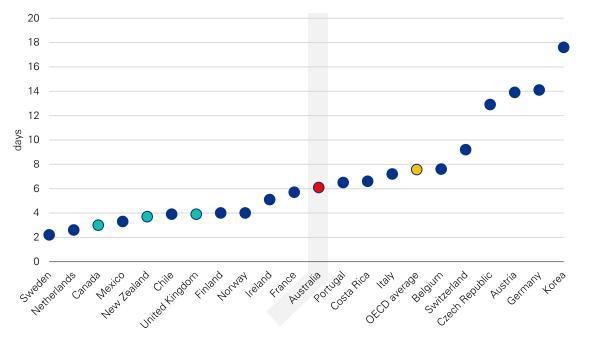


Fig 1: Average length of stay following hip and knee replacements in selected OECD countries in 2018

Source: OECD

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The Medibank Solution

Medibanks short-stay, no-gap pilot program shows that there is no change in the likelihood of adverse outcomes while the ALOS is reduced by 50%.

Medibank adopts and expands short-stay, no-gap program to reduce the length of stay

In August 2019, Medibank launched a pilot short-stay, no-gap program for knee replacements and hip replacements. In 2020, the program began to expand geographically and include other procedures.

The program:

- Aims to support clinicians in reducing patients' length of stay in hospital where clinically appropriate.
- Offers patients more affordable care options with reduced or no gap for eligible patients.
- Increases patients' satisfaction with high quality of care.
- Enables patients to return home sooner.
- Partners with health and allied health professionals across Australia to deliver the service.
- Keeps people in hospital for one to three days, compared with five days³ in a typical joint. replacement with conventional care.
- Aims to expand across many other surgical modalities.⁴

³ Schilling C, Keating C, Barker A, Wilson S, Petrie D. 'Predictors of inpatient rehabilitation after total knee replacement: an analysis of private hospital claims data', Med J Aust 2018; 209(5):222-227 ⁴ <u>https://www.medibank.com.au/livebetter/newsroom/post/medibank.and-doctors-form-new-short-stay-no-gap-hospital-joint-venture</u>



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1. Patient Satisfaction



The short-stay, no-gap program facilitates patient satisfaction and preferences for care

The NPS of the short-stay, no-gap program was 71, considerably higher than the average NPS of all surveyed orthopaedic separations in 2021 (55.2).

- Short-stay, no-gap participants and Medibank customers who had an orthopaedic separation in a private hospital were subsequently surveyed via telephone. Surveyed customers were asked to rate their procedure on a scale from 1 (least satisfied) to 10 (most satisfied).
- These ratings were classified into three categories: Promoters (9 10), Neutral (7 8) and Detractors (1-6). NPS of the short-stay, no-gap program was 71⁴.
- Most of surveyed participants (78%) were promoters of the short-stay, no-gap program, highlighting the seamless process and no out-of-pocket expenses.

Fig 2: Satisfaction with the short-stay, no-gap pilot program (n=95) Score: % responses

Score 10: 55%	
Score 9: 23%	Promoter
Score 8: 8%	Neutral
Score 7: 6%	
Score 6: 4%	Detractors
Score 5: 3%	2 2 2 2 2 2 2 2

Source: KPMG analysis of Medibank's short-stay, no-gap NPS data, 2022.

⁴Net Promoter score (NPS) = %Promoters - %Detractors



Overall service was fantastic happy that Medibank was able to help me have no out of pocket expenses during a time where I am out of work."

Source: Medibank's short-stay, no-gap NPS data, 2022

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2. Patient Outcomes



The short-stay, no-gap program delivers the same clinical outcomes as conventional care

There is no significant difference in the probability of having an adverse outcomes between short-stay, no-gap pilot program participants and patients receiving conventional care, when controlling for patients' characteristics.

	 Controlling for other factors that may aff Age Gender Number of comorbidities Complexity indicator 		
ICU admission	Hospital-acquired complications	Readmission within 28 days	Readmission length of stay
None of the short-stay, no-gap participants were admitted to ICU ⁵	None of the short-stay, no-gap participants experienced a hospital- acquired complication	There was no significant difference in the likelihood of readmission within 28 days between short-stay, no-gap participants and patients receiving conventional care	The average readmission length of stay was the same for short-stay, no-gap participants and patients with conventional care

Source: KPMG Analysis of Medibank 2022

⁵The analysis regarding ICU admission excluded observations from South Australia as an unidentified hospital admitted all patients to ICU after a surgery



3. Bed-day savings



The short-stay, no-gap program halves the acute length of stay following minor complexity hip and knee replacements

Across Australia, the short-stay, no-gap pilot program reduced length of stay hip and knee replacement with minor complexities by one to three days. The average reduction rate⁶ was 50% of the current LOS.



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4. Facilitating a sustainable healthcare system



Expanding the short-stay, no-gap program incentivises behavioral change across the system

Expansion of the short-stay, no-gap program across Australia and to procedures other than joint replacements could reduce the burden on the hospital system, especially in coping with a large backlog of elective surgery patients after the COVID-19 pandemic

Medibank, as a funder and major stakeholder, is playing an active part in driving the behavioural change and incentivising a wider adoption of the short-stay, no-gap program by:

- Giving back most financial savings to customers through the 'no gap' component of the program, Medibank provides members with more affordable care options without compromising the treatment outcomes.
- Paying an uplift to specialists to ensure no out-ofpocket expenses across the entire episode of hospital care for patients, and to support interested hospitals/providers in expanding the short-stay, nogap program.



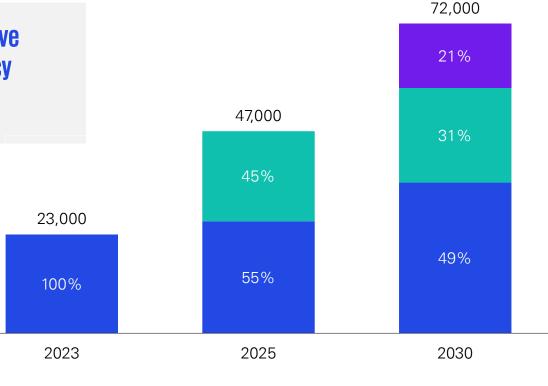
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Expanding the short-stay, no-gap program facilitates a sustainable healthcare system

Expansion of the short-stay, no-gap program across Australia will save thousands of hospital beds and is expected to increase the efficiency of the system as well as deliver cost savings in the long run.

Assuming 10% of clinically appropriate patients with hip and knee replacements participate in the short-stay, no-gap program in 2023, this would save 23,000 bed days across the public and private hospital system. An expansion of the program to other procedures⁷ such as general surgeries, ENT and cardiology, would save 47,000 bed-days in 2025 and 72,000 bed-days in 2030 assuming the same 10% adoption rate. By 2030, hip and knee replacements will account for approximately 50% of the bed-day savings.

Fig 3: Potential bed-day savings from the short-stay, no-gap program, assuming 10% of clinically appropriate patients participating in the program



■ Hip and knee replacements ■ Procedures establishing pilots ■ Procedures in pipeline

Source: KPMG Analysis of Medibank 2022

⁷ See appendix for the detailed approach and the procedures on expansion list. These procedures exclude shoulder replacement, knee arthroscope and sleeve gastrectomy due to unavailable data on target length of stay Bed day savings are estimated using the projected number of procedures in both public and private hospitals based on the pre-COVID-19 trends

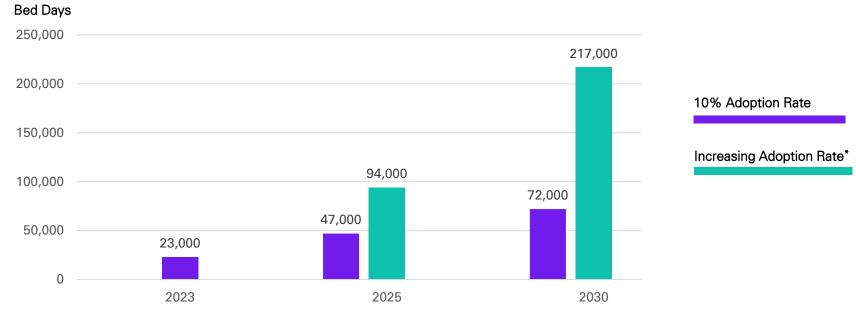


The savings are expected to be higher with an increasing adoption rate of short-stay, no-gap model over time

Expanding the short-stay, no-gap program facilitates a sustainable healthcare system

The potential savings could be higher if more healthcare providers and patients are willing to adopt the new initiative. In the base case of a constant 10% adoption rate, the short-stay, no-gap program would save 23,000 bed days in 2023 and 72,000 bed days in 2030. If the adoption rate increases over time, 217,000 hospital bed days, which are equivalent to more than 700 hospital beds annually (assuming 85% utilisation), could be freed up and reassigned to patients receiving high-value care by 2030.

Fig 4: Potential bed-day savings from the short-stay, no-gap program assuming increasing adoption rate



* In the scenario of increasing adoption rates, we assume the proportion of clinically appropriate patients participating in short-stay, no-gap to be at 10% in 2023, 20% in 2025 and 30% in 2030.



Expanding the short-stay, no-gap program saves participants thousands of dollars in out-of-pocket costs

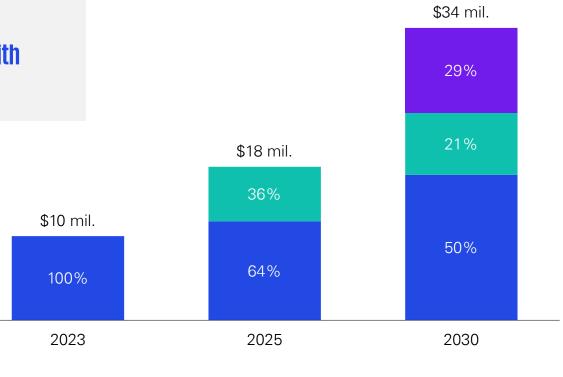
Participants in the short-stay, no-gap program do not incur out-ofpocket costs. The program has been designed to provide patients with more affordable care.

Patients are paying approximately \$1,200 out of pocket for a hip or knee replacement. It is expected that this amount could increase to \$1,400 in 2030 based on the pre-COVID-19 trends.

The average out-of-pocket costs for procedures establishing pilots and procedures in pipeline currently range from \$430 to \$1,100.

An expansion of the program would reduce out-of-pocket costs by \$10 million in 2023, \$18 million in 2025 and \$34 million in 2030, in constant 2022 prices, assuming a 10% adoption rate.

Fig 5: Potential out-of-pocket cost savings from the short-stay, no-gap program, in constant 2022 prices, assuming 10% of clinically appropriate patients participating in the program



■ Hip and knee replacements ■ Procedures establishing pilots ■ Procedures in pipeline

Source: KPMG Analysis of Medibank 2022

⁷ See appendix for the detailed approach and the procedures on expansion list. These procedures exclude shoulder replacement, knee arthroscope and sleeve gastrectomy due to unavailable data on target length of stay Out-of-pocket cost savings are estimated using the projected number of procedures in both public and private hospitals based on the pre-COVID-19 trends. The average out-of-pocket cost per procedure is estimated based on out-of-pocket costs incurred by Medibank's clients in FY2016-FY2020 to exclude COVID-19 effects. Values are not adjusted for inflation and other factors.



The savings are expected to be higher with an increasing adoption rate of the shortstay, no-gap model over time

Expanding the short-stay, no-gap program saves participants thousands of dollars out-of-pocket costs

The potential out-of-pocket cost savings could be higher if the adoption rate increases over time. The out-ofpocket cost savings could rise to \$102 million per year in 2030 if 30% of eligible patients were willing to participate in the program.

Fig 6: Potential out-of-pocket cost savings from the short-stay, no-gap program assuming increasing adoption rate



* In the scenario of increasing adoption rates, we assume the proportion of clinically appropriate patients participating in the short-stay, no-gap program to be at 10% in 2023, 20% in 2025 and 30% in 2030. Dollar values assume constant 2022 prices.

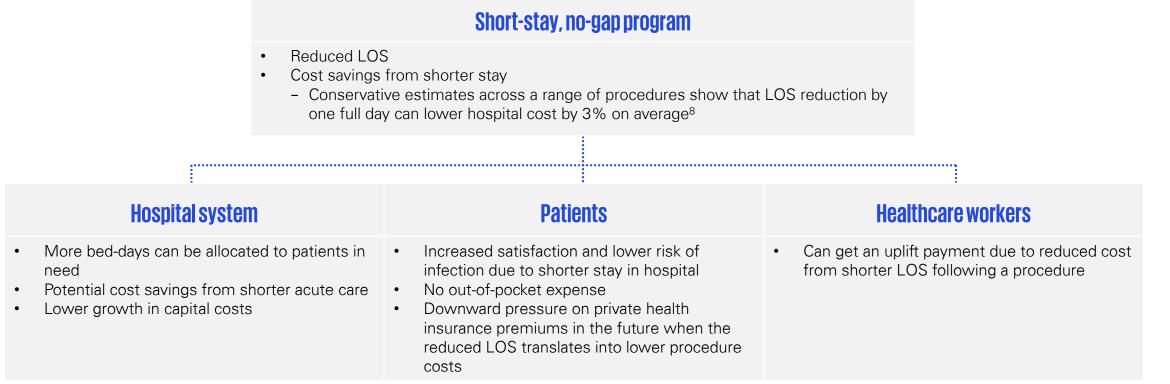


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The short-stay, no-gap program redistributes cost savings to patients, healthcare workers and to the system

The short-stay, no-gap program is an initiative to reduce LOS following surgeries, leading to reduced pressure on the hospital system, expected cost savings in the long run, and potential benefit redistribution to patients and healthcare workers.



⁸ <u>https://www.sciencedirect.com/science/article/abs/pii/S1072751500003525</u>



Medibank's role as an agent of change



Medibank is strongly positioned to help deliver health sector improvements

Medibank, as a funder and major stakeholder, is playing an active role as an agent for patients, to ensure they get the best possible care at the lowest cost:

- Hospitals aim to improve patient outcomes, but also have a revenue motivation.
- Clinicians seek the best care for their patients, but do not tend to consider cost as part of their decision-making.
- Patients do not have the full information to make informed care choices.
- Medibank has an active role to play as a key stakeholder in Australia's healthcare system.

The short-stay, no-gap program is an example of Medibank acting as an agent for patients to deliver better outcomes and lower costs, and as a leader in driving behavioural change and incentivising the adoption of innovations in the health sector.



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Appendix



Benefits from the expansion of the short-stay, no-gap program

The bed-day savings from an expansion of the short-stay, no-gap program are estimated based on the number of separations in the hospital system (public and private) assuming (1) a constant adoption rate at 10% and (2) increasing adoption rates at 10% in 2023, 20% in 2025 and 30% in 2030.

Stage	Procedure group	Procedure	% clinically appropriate
Expansion	Joint replacements	Hip replacements	80%
Expansion	Joint replacements	Knee replacements	79%
Establishing Pilot	General Surgery	Hernia Procedures	70%
Establishing Pilot	General Surgery	Cholecystectomy	50%
Establishing Pilot	ENT	Nasal Procedures	90%
Establishing Pilot	ENT	Sinus Surgery	85%
Establishing Pilot	ENT	Tonsils And Adenoidectomy	70%
Establishing Pilot	Cardiology	Angiography	75%
Establishing Pilot	Cardiology	Implant of Pacemaker	50%
Establishing Pilot	Cardiology	Stents	50%
Pipeline	Knee Procedures	Knee Reconstruction	80%
Pipeline	Bariatrics	Gastric Bypass	50%
Pipeline	Shoulders	Shoulder Reconstruction	50%
Pipeline	Vascular	Varicose Veins	90%
Pipeline	Vascular	Vascular Procedures	50%
Pipeline	Gynaecology	Hysterectomy	40%
Pipeline	Urology	Prostate Procedures	90%
Pipeline	Back Surgery	Spinal Fusion	50%

Step 1:

Estimate the number of separations for each procedure in the expansion list in 2023, in 2025 and in 2030 based on the average annual growth rate before COVID-19 pandemic in 2016-2019.

Step 2:

Estimate the number of separations eligible for the short-stay, no-gap program based on difference between the proportion of clinically appropriate patients indicated in the literature and the proportion of patients meeting the short-stay program's LOS target

Step 3:

Estimate the number of separations adopting the short-stay, no-gap program

(1) Base case: Assuming the adoption rate to be constant at 10% of the eligible patients

(2) Increasing adoption rates: Assuming the adoption rate to be at 10% in 2023, 20% in 2025 and 30% in 2030.

Adoption rate is applied on the difference between the proportion of clinically appropriate patients and proportion of patients currently meeting the short-stay program's LOS target

Step 4:

Estimate the benefits:

Number of bed days saved

= Number of separations in year $X \times (\%$ clinically appropriate -% meeting LOS target) \times adoption rate \times number of bed days saved per separation

Source: Medibank 2022



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Benefits from the expansion of the short-stay, no-gap program

The out-of-pocket cost savings from an expansion of the short-stay, no-gap program are estimated based on the expected out-of-pocket cost per separations based on pre-COVID-19 trends and the expected number of participants in the short-stay program.

Step 1:

Estimate the number of separations adopting the short-stay, no-gap program as discussed in the previous slide

(1) Base case: Assuming the adoption rate to be constant at 10% of the eligible patients

(2) Increasing adoption rates: Assuming the adoption rate to be at 10% in 2023, 20% in 2025 and 30% in 2030.

Step 2:

Estimate the average out-of-pocket cost per separation for procedures on the expansion list of the short-stay, no-gap program.

The estimation is based on pre-COVID-19 trends, which utilises Medibank's data on the average out-of-pocket cost from FY2016 to FY2020 to avoid COVID-19 effects.

Note that the estimations do not account for other factors such as:

(1) changing prices, which may result in a significant increase in procedure costs with implications for out-of-pocket costs in the future; and

(2) other healthcare initiatives, which may affect the out-of-pocket costs for some procedures.

Step 3:

Estimate the benefits

$$Out - of - pocket \ cost \ savings_t = \sum_{i=1}^{n} Number_{it} \times OOP_{it}$$

where:

 $Out - of - pocket cost savings_t$ is the out-of-pocket cost savings in year t

Number_i is the number of participants in the short-stay, no-gap program for procedure i in year t

00P_{it} is the predicted out-of-pocket cost per separation of procedure i in year t based on pre-COVID-19 trends





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